

AS THE SOUL GOES SO GOES LIFE

3John 1² Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. NKJ

Do you get tired of struggling with life?
Is failure and earmark of your life?
Are you always depressed and sick concerning life?

It may be because your heart or soul is not right. John's prayer informs us that "as our soul prospers" everything we are connected to "prosper".

Let's look more closely at this passage and learn how to prosper in life.

I. THE SOUL IS THE INNER MAN

A. It is our **–heart**

Heart in *Hebrew* is "Leb" meaning "feelings, will, intellect."

Pro. 4²³ Guard your heart above all else, for it determines the course of your life. NLT

Matt. 12:34For whatever is in your heart determines what you say. NLT

B. It is our **emotions- feelings**

Psa. 103¹ Bless the LORD, O my soul: and all that is within me, bless his holy name. ² Bless the LORD, O my soul, and forget not all his benefits: KJV

Psa. 42⁵ Why are you downcast, O my soul? Why so disturbed within me? NIV

C. It is our **mind, will, or intellect**

Phil. 4 ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. NIV

II. THE SOUL CAN AFFECT YOUR HEALTH.

“be in health, just as your soul prospers.”

The emotions affect the health of the body.

Pro. 13 ¹² **Hope deferred** maketh the heart sick...

Acts 10 ³⁸ How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were **oppressed** of the devil; for God was with him. KJV

If we can heal our emotions the body will heal itself.

III. THE SOUL CAN DETERMINE YOUR QUALITY OF LIFE.

² Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. NKJ

This word **prosper** is *euodoo* which means:

1. To help on the road
2. To succeed in reaching
3. To succeed in business

This John is praying that our quality of life will be made easier because of the condition of our soul! How important it is to guard the soul.

How does the soul prosper?

1. Being in right relationship with God.

The Word speaks about the state of soul of the person who does not include God in their life.

Isaiah 57:20 But the wicked are like the troubled sea, when it cannot rest, whose waters cast up mire and dirt.

21: There is no peace, saith my God, to the wicked.

Jesus gives us **the key to right relationship.**

Matt. 22 ³⁷ Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. KJV

Ex. **King Uzziah**- 2Chr. 26:5.....as long as he sought the LORD, God made him to prosper.

2. By allowing the Word of God to change the way I think (soul).

Rom. 12 ² And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what *is* that good, and acceptable, and perfect, will of God.

⁷ And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. ⁸

Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever

things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things.⁹ Those things, which ye have both learned, and received, and heard, and seen in me, do: and **the God of peace shall be with you.** KJV

Pro. 23⁷ For as he thinks in his heart, so *is* he....

When we dwell on the Word we are allowing God's thoughts to become ours.

3. By Meditating on the Word

Joshua is told by Moses concerning his future, Jos.1⁸ This Book of the Law shall not depart from your mouth, but you shall **meditate** in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. NKJ

Joseph

Gen. 39² And the LORD was with Joseph, and he was a prosperous man; and he was in the house of his master the Egyptian.³ And his master saw that the LORD *was* with him, and that the LORD made all that he did to prosper in his hand. KJV.

In Psalms 1 we see those who **guard their thinking control their conduct; their thinking and conduct controls who they associate with.**

¹ Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers.

² But his delight is in the law of the Lord, and on his law he **meditates** day and night.

³ He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. **Whatever he does prospers.**

⁴ Not so the wicked! They are like chaff that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.

⁶ For the Lord watches over the way of the righteous, but the way of the wicked will perish. NIV

Look inside yourself today. Is your inner man at peace? Are you thinking the thoughts of God? Are you meditating on his Word day and night? Is your life journey going well?

If not get yourself in right relationship with God and his word.