

## A BEAUTIFUL MIND

“The mind is a terrible thing to waste” is pictured on many billboards with a young man shown with a chain wrapped around his mind.

The message is clear. USE YOUR MIND AND GUARD IT!  
DON'T GIVE IT AWAY.

**The mind is the control center of one's attitude, thoughts, feelings, and actions.**

Today we examine 3 types of minds; the renewed mind, the guarded mind, and the sound mind.

### I. The RENEWED mind.

Rom. 12 Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. <sup>2</sup> Do not conform any longer to the pattern of this world, but **be transformed by the renewing of your mind.** Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. NIV

Renewed in Greek is “**anakainosis**” meaning “**renovation**”.

**A. A renewed mind implies that one has allowed their mind to conform.**

**III. David** prays for a renewed mind after following the way of the world.

Psa. 51 <sup>10</sup> Create in me a **clean heart**, O God; and **renew a right spirit** within me. KJV

David had allowed his mind to become “conformed” to the world's desires. His attitude, thoughts, and feelings had led to acts of sinfulness.

**B. How the mind is renewed.**

**1. By bathing the mind with “the word”**

John 17 <sup>17</sup> Sanctify them by the truth; your word is truth.

Heb 4 <sup>12</sup> For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. NIV

Garbage in garbage out.

Ill. sponge and water. The sponge like the mind absorbs.

Clean water vs dirty water. What ever it absorbs it releases.

Dirty minds come from dirty Bibles.

We self-destruct because of a lack of knowledge of the Word of God.

Hosea 4 <sup>6</sup> my people are destroyed from lack of knowledge.

## 2. By being **born again** and **filled with the Spirit.**

Titus <sup>5</sup> he saved us, not because of righteous things we had done, but because of his mercy. **He saved us through the washing of rebirth and renewal by the Holy Spirit, <sup>6</sup> whom he poured out on us** generously through Jesus Christ our Savior, NIV

Luke 8 <sup>35</sup> Legion after being transformed is found clothed, sitting, and **in his right mind.**

## II. The **GUARDED** mind.

Phi. 4 <sup>6</sup> Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will **guard your hearts and your minds** in Christ Jesus. <sup>8</sup> Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup> Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Col. 3 <sup>15</sup> Let the peace of Christ rule in your hearts..

Another translation for **“rule”** is **“umpire”**

### A. The renewed mind is guarded by **the peace of God.** v-7

When your peace is disturbed be alert.

It is a sure that sign that your renewed mind is being attacked and does not want to be conformed.

B. The peace of God is His antidote for **anxiety**. v-6

2Ti 1 7 I have not given you a spirit of fear...

Phi. 4 7 The peace of God will guard your heart and minds...

C. The guarded mind is alerted to emotions and thoughts not of God.

Phi. 4 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

The **heart** deals with our **emotions**.

The **mind** deals with our **thoughts**.

Both **may** be guarded by the peace of God.

Col. 3 15 “Let the peace of God rule in your hearts (emotions).”

“**let**” implies **an act of the will or permission from the human will for the peace of God to rule.**

III. The **SOUND** mind.

2Ti 1 7 For God hath not given us the spirit of fear; but of power, and of love, and of a **sound mind**.

A. A sound mind is one that us **under control**.

“sound” in Greek is “sophronizo” meaning “**self-control**”.

The NIV interprets this verse....

2Ti. 1 7 For God did not give us a spirit of timidity, but a spirit of power, of love and of **self-discipline**.

B. A sound mind is strong because **it chooses to think right**.

What does a strong mind dwell on?

Phi. 4 8 Finally, brothers, whatever is true,  
whatever is noble,  
whatever is right,  
whatever is pure,

whatever is lovely,  
whatever is admirable—if anything is excellent or  
praiseworthy—think about such things.

**C. A sound mind is aggressive in dealing with evil  
thoughts.**

2Co. 10<sup>5</sup> Casting down imaginations, and every high thing that exalteth  
itself against the knowledge of God, and bringing into captivity **every**  
**thought** to the obedience of Christ; KJV

Mark 12<sup>30</sup> And thou shalt love the Lord thy God with all thy heart, and  
with all thy soul, and with all thy mind, and with all thy strength: this *is* the  
first commandment.