

## FAMILY #2 YOUNG ADULTS

Luke 2 <sup>52</sup> And Jesus grew in wisdom and stature, and in favor with God and men NIV

Luke 3 <sup>23</sup> Now Jesus himself was about **thirty years old when he began** his ministry.

### **I. THE YOUNG ADULT** (21-33)- the **age of discovery**

1. They discover their **Occupation**
2. They discover **Marriage**
3. They discover **Housing**
4. They discover their **need for God's house** (church).  
Spiritual growth will begin to be taken seriously.

This is a time of turmoil, indecision, unrealistic dreams, and discovered talents.

### **II. THE CHALLENGES OF YOUNG ADULTS.**

These challenges may be grouped into four major categories

#### **1. Competency**

**Physical** decisions concerning -exercise, diet, grooming, work ethic, and rest are established.

**Spiritual** decisions- tithing, word, values, ministry etc.

**Social skills** are developed- marriage, children, community and church.

It is at the age of 30 that counselors tell us that a person will face the issues of childhood that they have buried in their subconscious.

The trauma was so bad they suppressed the emotion and memory of the event.

Ill. Dennis Thrasher, Dr. James Pheifer and others.

Suddenly thoughts began to flash from their memory into the present. Why? They are at such a mature level that they can emotionally begin to deal with the problem.

#### **2. Independence-** values, vocations, time management, finding their own identity and establishing priorities

Developing self-sufficiency, building an identity, Finding values (what they believe and why), and coping effectively.

**3. Intimacy-** Acquaintances, friends, intimates.

**4. Direction- Dreams**

It helps answer the question, “Where am I going?”

At this age Jesus knew who he was, what he was to be doing, and how he was going to do it.

### **III. THE CONTRIBUTION YOUNG ADULTS MAKE.**

**1. Parenting** –it is on the job training  
it is learning from parents mistakes thus passing  
on the power of blessing from generations, and  
stopping generational curses and sins.

**2. Energy**--- excited about life.

**3. Spiritual**- visionary, volunteering, cause oriented,  
coming into to ministry and spiritual giftedness,  
source of change in the church.  
Urge the church to be current with culture.

David wrote most of his psalms at this age.

Solomon made his mark at this age.

Jesus began his ministry at this age.

Timothy leads the church.

The disciples give their lives for the gospel.

Joseph fulfills his dream in Egypt.

### **4. YOUNG ADULTS ARE SHAPING THE NEXT GENERATION!**

You are: establishing what the church will be like  
in the future.

determining the values and morals of the  
next generation.

What are you teaching them to die for? or live for?